

# CONTINUOUS NEWS

Tips, & Expert Advice From Your Trusted Cyber Advisers

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## TECH TIP



**If you plan on catching up on some work from home AND you're using a personal device such as a smartphone or personal laptop – DON'T!**

Unless your personal device is covered under our Managed IT Services plan, you could accidentally introduce a virus to the company's network.

ONLY devices that are under our vigilant watch of patching, updating and monitoring should be used to work remote. *Side Note: We can set up a way for you to work from home securely; call our office if you would like us to set that up: 877-959-8070*

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We provide this Free monthly publication because as a business owner we know you don't have time to waste on technical and operational issues. That's where we shine! Call us and put an end to your IT problems Finally and Forever!"



## 7 Ways To Dodge A Data Disaster

**Y**ou stride into the office early one Monday morning. You grab a cup of coffee, flip on your computer and start checking e-mail... A note pops up that rivets your attention:



***"Your files have been encrypted. Send \$5,000 within five days or they will all be destroyed."***

You start sweating as your throat constricts and your chest tightens. Sure enough, every time you try to open a document, the same message appears. Your phone rings. It's Bob in accounting, and he's having the same problem. All files across your entire network have been encrypted. You contact the local police. They suggest you call the FBI. The FBI says they can't help you.

### A. What do you do next?

You pay the five grand, desperately hoping you'll get your data back, or...

**B.** You calmly call your IT pro, who says, "No problem, your backups are all current. No files were lost. Everything will be restored by noon, if not sooner."

**If your answer is "b," you breathe a sigh of relief and get back to work as your backup plan kicks in...**

Ransomware attacks are more common than ever, especially at smaller companies. That's because small companies make easy marks for hackers. The average small business is much easier to hack than high-value, heavily fortified targets like banks and big corporations. According to Time magazine, cybersecurity experts estimate that several million attacks occur in the US alone every year. And that figure is climbing.

So how can you make sure you never have to sweat a ransomware attack or other data disaster? One sure solution is having a solid backup plan in place. When all your data and applications can be duplicated, you have plenty of options in the event of an attack.

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Here then are seven ways to make sure you're in good shape, no matter what happens to your current data:

1. Insist on regular, remote and redundant processes. A good rule of thumb is 3-2-1. That means three copies of your data is stored in two off-site locations and backed up at least once per day.
2. Don't cheap out on disk drives. Less expensive arrays that save money can leave your data at risk. Get features like a redundant power supply and hot spare disks.
3. Guard against human error. Make sure people doing backups know exactly what to do. Take people out of the loop and automate wherever possible. And watch for situations where backups aren't a part of someone's regular duties.
4. Check backup software settings routinely. When new software or updates are put into service, a change in the way the settings are configured can cause incomplete backups, or backups that fail. Do the people who maintain your backups include this on their regular to-do list?
5. Make sure critical files aren't getting left out. As resources are added and priorities shift, documents and folders can get misplaced or accidentally left off the backup list. Insist on a quarterly or annual meeting with your backup management

team to make sure all mission-critical files are included in your organization's data recovery systems.

6. Address network issues immediately. Any component in your network that isn't working properly can introduce another point of failure in your backup process. Every juncture in your network, from a misconfigured switch to a flaky host bus adapter, can hurt your backups.
7. Ask for help with your data backup and recovery system. You cannot be expected to be an expert in all things. Yet data is the backbone of your business – its protection and

recovery should not be left to chance. Leverage the knowledge, skill and experience of an expert who stays current with all the latest IT issues.

#### Data Recovery Review Reveals Backup System Vulnerabilities

Don't let your company become yet another statistic. Just one ransomware attack can result in a serious financial blow if you're not prepared. Visit [www.continuous.net/recoveryreview](http://www.continuous.net/recoveryreview) TODAY or Call 201.775.9222 by April 30 for a **FREE Data Recovery Review**, ordinarily a \$300 service. We'll provide you with a complete on-site assessment of your current backup system to check for and safeguard against any gaps that could prove financially lethal to your business.

## Data Recovery Review Reveals Backup System Vulnerabilities

## Free Report Download: If You Are Considering Cloud Computing For Your Company, DON'T, Until You Read This...



If you are considering cloud computing or Office 365 to save money and simplify IT, it is extremely important that you get and read this special report, **"5 Critical Facts Every Business Owner Must Know Before Moving Their Network To The Cloud."**

This report discusses in simple, non-technical terms the pros and cons of cloud computing, data security, how to choose a cloud provider, as well as three little-known facts that most IT consultants don't know or won't tell you about cloud computing that could end up causing you MORE problems and costing you more money than you anticipated. Even if you aren't ready to move to the cloud yet, this report will give you the right information and questions to ask when the time comes.

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## Shiny New Gadget OF The Month



### Thought Oculus Was King? Think Again

*Once upon a time, Oculus Rift ruled the world... The virtual reality (VR) world, anyway. Not so much anymore. Now that VR heavyweights Sony, HTC and Samsung have entered the ring, there's a whole new reality in, well...VR.*

*Sony's PlayStation VR was recently crowned "Editor's Choice" by PC Mag. And, if you happen to own a compatible Samsung Galaxy smartphone, such as the S7 or S7 Edge, you can get "untethered" VR for just \$100. You'll pay four times that for the Rift, HTC's Vive or Sony's PlayStation VR – all tethered sets, requiring a clunky cable from headset to hardware.*

*Vive has the most advanced technology, but Rift is nearly as sophisticated and sells for \$200 less. You could shell out that much for the Rift's hand controllers, but, according to PC Mag, they're well worth it. So while Oculus may not be king, it's still a serious contender.*

## The Misnomer Of Failure

So you think you're a failure, huh? Let me get one thing off my virtual chest right now: you're not. I realize you may be experiencing failure. You may have had a string of failures. You may have been told you are a failure. But it doesn't mean that's who you are. You are not a failure unless that's who you decide to be.

But before I prove you're not a failure, I want to share a personal story. Oh, and by the way, when I said "my virtual chest," I didn't say that because you are reading my article. I say it because my muscle definition is equivalent to Tweety Bird's. If that little yellow feathered turd and I got into a fight, he would own me.

### I Am A Failure

My little story. In years past, I was an entrepreneur in the traditional sense, starting businesses and growing them. Today I am an author, which, not so interestingly, is just like any other form of business. You need to sell what you do and do what you do, really well. The only difference is, instead of having 30 employees reporting to you, you have one part-time assistant... who is either in India or is a family member or both.

I have failed a lot. I have lost all my money. I have crashed more start-ups than I have grown. I have offended probably everyone (including myself a couple times). And now I am failing at my fastest rate ever. Why?

If you asked anyone on the street – I mean anyone, including my mother – how "prolific" I am, they would say, "Who's this asshole you're talking about?" (Note: My mom



wouldn't call me an asshole, she would call me a douche.) But here's the deal: Failure is the ONLY way to success. Every day I take a shot at achieving my vision, and fail. And regardless of what your vision is, the only way you will get there is by failing your way to it.

### Find Purpose

If you want to stop being buried by failure, you need to define your life's purpose. And if you don't know what your life's purpose is... your life's purpose (at least for now) is to find your life's purpose. Constantly ask yourself, why am I here? What do I need to do? And be willing to listen to the answers that you present yourself.

When you find your purpose, you'll get into the groove – where your hidden talents reveal themselves and you lose all sense of time. You're living your purpose when you build energy as you do it. You're living your purpose when you experience failure and you see it as another step up the ladder.

### My Virtual Chest

In regards to my virtual chest situation, I am done with that bad failure, and am now a weight-room loyalist. Interestingly, I am now experiencing good failure constantly (those damn weights are heavy).

Tweety Bird can go suck it.



MIKE MICHALOWICZ (pronounced mi-KAL- o-wits) started his first business at the age of 24, moving his young family to the only safe place he could afford—a retirement building. With no experience, no contacts and no savings, he systematically bootstrapped a multimillion-dollar business. Then he did it again. And again. Now he is doing it for other entrepreneurs. Mike is the CEO of Provendus Group, a consulting firm that ignites explosive growth in companies that have plateaued; a former small business columnist for The Wall Street Journal; MSNBC's business makeover expert; a keynote speaker on entrepreneurship; and the author of the cult classic book *The Toilet Paper Entrepreneur*. His newest book, *The Pumpkin Plan*, has already been called "the next E-Myth!" For more information, visit [www.mikemichalowicz.com](http://www.mikemichalowicz.com)



## As of January 31, “outsiders” can now Skype into the White House Press Room.

This enables journalists outside the Washington, DC, area to ask questions during White House press briefings. It's part of the Trump administration's strategy to keep in touch with people outside the beltway. Journalists attending via Skype must be at least 50 miles from the DC area. All political questions aside, it's just another example of business (or, in this case, government) taking advantage of available technologies. Or, in this case, finally catching up... Skype, the world's largest video calling service, is nothing new – it's been around since 2003. Sometimes it just takes a while for users to figure out how to make tech work to their advantage.

*-Yahoo.com, 01.31.17*

## Anti-malware programs can't even touch this new kind of attack...

"Fileless" attacks became all the rage among hackers in 2016. According to a report by cybersecurity firm Carbon Black, fourth quarter 2016 saw a 33% rise in these "non-malware" attacks compared to the first quarter. Experts expect the trend to continue through 2017. Cyberbad-guys carry out these attacks in any number of ways. Their "en vogue" method at the start of 2017 was hijacking PowerShell and WMI (Windows Management Instrumentation) to do their dirty deeds. Brian Kenyon, chief strategy officer for Symantec, said recently, "Fileless infections are difficult to detect and often elude intrusion prevention and antivirus programs." Reports show the Democratic National Committee hack last year used a fileless attack. .

*-DarkReading.com, 12.27.16*

## "DIY" data security kits can offer basic protection

Are you a do-it-yourselfer willing to take defending your company's data into your own hands? If so, you can find a variety of low to no cost products that provide basic safeguards. Koozali SME Server, for instance, bundles security and other server apps for small businesses. These include file sharing, directory access, redundant backups, firewall and web hosting. Its makers claim you can be up and running with it in less than 20 minutes. It's based on Linux, yet allows you to network Windows and MacOS as well as Linux-based devices. It's all free and there is no paid version. However, because no support is provided, you may need to contact a professional for assistance.

*-SmallBusinessComputing .com, 12.21.16*

## Cassette audio tapes (remember those?) are making a comeback.

Compact disk sales are declining, yet vinyl records have enjoyed a resurgence over the past several years. And last year, cassette sales rose to 129,000 units, an increase of 74% over 2015. So what's up with cassettes – why so popular all of a sudden? Actually, the numbers are still miniscule compared to the 105 million CDs sold in 2016. Yet the bump in cassette sales reflects a growing appetite for tangible items that fans can cherish. Also, it doesn't hurt that artists like Justin Bieber, Eminem and Prince brought tape reissues to market. Or that online retailer Urban Outfitters has exclusive deals to sell their cassettes, as well as vintage gear to play them on.

*-TheVerge.com, 12.23.17*

## Who Wants To Win A \$25 Amazon Gift Card?

### Trivia Challenge Quiz

Here's this month's trivia question.

Roughly what percentage of the world's money exists only in computers?

- a) 10%
- b) 27%
- c) 62%
- d) 95%



**Call us right now with your answer! 201.775.9222 and be the first person to correctly answer my quiz question, and I will send you a \$25.00 Amazon Gift card.**