

CONTINUOUS NEWS

Tips, & Expert Advice From Your Trusted Cyber Advisers

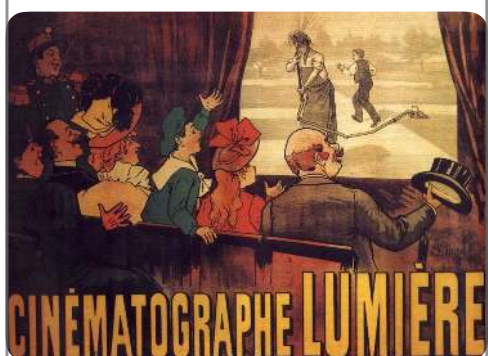
Jason Silvergate & Ross Brouse, CEO and CTO of Continuous Networks, LLC



This Month in Tech History:

December 28, 1895

First Public Projected
Movie Screening



The world's first projected movie screening takes place at the **Salon Indien** at the **Grand Café** in Paris, France. The makeshift theater uses the **Cinématographe** created by the **Lumière Brothers**, one of the earliest motion picture projectors in history. The first film, **La Sortie des ouvriers de l'usine Lumière**, was created especially for the occasion.

DECEMBER 2020



We provide this free monthly publication because as a business owner we know you don't have time to waste on technical and operational issues. That's where we shine! Call us and put an end to your IT problems finally and forever!



Cybercriminals Confess:

The Top 3 Tricks And Sneaky Schemes They Use To Hack Your Computer Network That Can Put You Out Of Business

Cybercriminals and hackers are rarely shy about the methods they use to attack their victims. Many of them are more than happy to share how they broke into a business's network or how they walked away with thousands of dollars after successfully extorting a business owner whose company is now destroyed.

There are new stories out there to get your blood boiling as cybercriminals work to ruin people's lives and livelihoods. These criminals don't care what kind of damage they do. They only care about one thing: money. If they can get away with it – and many do – they'll keep on doing it.

It's up to the rest of us as business owners (and employees) to stay at least one step ahead of these cyberthugs. The single best way to do that is to **stay educated on the latest threats**. The second-best way is to **stay up-to-date with the latest technology designed to combat cyber-attacks**.

Here are three tricks of the trade cybercriminals are using right now in an attempt to get their hands on your money:

Ransomware. This is very common. It's a form of malware, and it can sneak onto your network and into your computers in a number of different ways:

- **Ad Networks.** These ads can appear on social media sites and on familiar websites. Someone clicks a compromised ad or pop-up, and it initiates a file download. It's quick and it can be confusing. This is where anti-malware and anti-ransomware come in very handy.
- **Malicious Links.** The cybercriminal sends you a legitimate-looking e-mail, supposedly from your bank or a familiar online store. It may even be disguised as an e-mail from a

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colleague. The e-mail contains a link or file. If you click the link or file, it installs the ransomware.

- **Hidden Files On Thumb Drives.** This happens way too often where someone brings a thumb drive from home. While the user doesn't know it, the drive has a malicious file on it. When the thumb drive is inserted into a networked machine, the file is installed.

No matter how the ransomware gets onto your devices, the result is basically the same. The ransomware goes to work and begins encrypting your files. Or it may completely block you from accessing your computer altogether. You'll get a full-screen message: *Pay up or never access your files again.* Some ransomware programs threaten to delete all of your files. Others say they will never restore access.

DDoS Extortion. Short for distributed denial of service, DDoS attacks are a relatively easy way for hackers to take down your business's online presence and wreak havoc on your network. These attacks mimic online users and essentially "flood" your network with access requests. Basically, it's as if millions of people were trying to access your website at once.

"You can put the cybercriminals in their place and have a digital defense wall between your business and those who want to do your business harm."

Your network simply can't handle that kind of traffic and, as a result, it goes down. The hackers can continue the attacks until

you take action. That is to say, until you pay up. If you don't pay up, the hackers will do everything they can to keep you offline in an attempt to destroy your business. If you rely on Internet traffic, this can be devastating, which is why many businesses end up paying.

Direct Attacks. Some hackers like to do the dirty work themselves. While many cybercriminals rely on bots or malware to do the work for them, some hackers will see if they can break through your network security in a more direct way. If successful at breaking in, they can target specific files on your network, such as critical business or customer data.

Once they have the valuable data, they may let you know they have it. Sometimes they'll ask for money in return for the sensitive data. Sometimes they won't say anything and instead simply sell the data on the black market. Either way, you're in a bad position. A criminal has walked away with sensitive information, and there is nothing you can do about it.

Except, that last sentence isn't true at all! There *are* things you can do about it! The answer is preventative measures. It all comes around to these two all-important points:

- Stay educated on the latest threats
- Stay up-to-date with the latest technology designed to combat cyber-attacks

If you do these two things and work with an experienced IT services company, you can change the outcome. You can put the cybercriminals in their place and have a digital defense wall between your business and those who want to do your business harm.



Refer any company with 25 or more computers to our office to receive a FREE computer network assessment (a \$997 value). Once we've completed our initial appointment with your referral, **we'll rush YOU a \$500 gift card as a thank you** (or donate \$500 to your favorite charity ... your choice!).

Simply call us at 201.616.7092 or e-mail us at sales@continuous.net with your referral's name and contact information today!



Shiny New Gadget Of The Month



SelfieSpin360 For GoPro

A GoPro camera is great for a crystal-clear, wide-angle video of yourself or your subject, and you can attach it to the end of a selfie stick for some nice static shots, too. But if you're ready to take things up a notch and capture even more truly awesome moments, then you need the SelfieSpin360.

It's all there in the name: the SelfieSpin360 gives you a way to get incredible 360 degree footage of yourself in any setting. You attach your GoPro or smartphone to the end of a sleek and secure base, which is attached to a long cord with a handle for camera controls on the end. Hit Record, then start swinging the device up and around your head lasso-style to capture a unique version of yourself in a special moment. The SelfieSpin360 kicks boring old selfies to the curb.

Visit SelfieSpin360.com to purchase yours.



Geoff Smart is chairman and Founder of ghSMART. Geoff is co-author, with his colleague Randy Street, of the New York Times best-selling book, *Who: A Method For Hiring*, and the author of the No. 1 Wall Street Journal best seller *Leadocracy: Hiring More Great Leaders (Like You) into Government*. Geoff co-created the Topgrading brand of talent management. He is the Founder of two 501(c)(3) not-for-profit organizations. SMARTKids Leadership Program™ provides 10 years of leadership tutoring, and the Leaders Initiative™ seeks to deploy society's greatest leaders into government. Geoff earned a BA in Economics with honors from Northwestern University, and an MA and PhD in Psychology from Claremont Graduate University.



Successfully Convince A CEO In 3 Steps

Here is your chance. You don't want to blow it.

You have a meeting scheduled with a CEO. Your goal is to convince them...

- To spend \$1 million on your product or service or to make a large donation to your cause
- To hire you, promote you or give you your dream job
- To invest in your idea

Ineffective Ways To Convince A CEO

Many people "show up and throw up" and push a lot of information at the CEO — either verbally or by PowerPoint. I'm not sure why so many unpersuasive people follow this approach. Maybe it's to "show you know what you are talking about." But it does not make a CEO say "yes."

Another bad approach is to phrase your request as a "we ought to." CEOs don't decide to do things just because other people say they ought to do something. Or worse yet is when people only talk about why *they* want something to happen, fully ignoring the wishes, concerns and perspective of the CEO.

Successfully Convince A CEO In 3 Steps

1. Seek first to understand the CEO's perspective — that is Stephen Covey's advice. It needs no further explanation. Your first step in discussing a topic with a CEO is to put all your energy into asking probing questions, listening and learning what the CEO thinks about a topic and why.

Forget about your agenda or your needs for a moment.

2. Reflect the CEO's perspective to their satisfaction. This step is hard. Most people cannot objectively reflect or restate another person's perspective about a topic without putting their own personal slant on it. I first learned this step during my psychology PhD training in a class on conflict resolution. At this step, you must restate the CEO's perspective on the topic simply and without putting words in their mouth or trying to spin it in your favor. You know you have succeeded at this step once the CEO says the magic word. The magic word is "exactly." This means that the CEO believes that you understand their perspective. Then, and only then, have you earned permission to move to the final step.

3. Propose your idea as a way to help the CEO achieve their goals. The mindset for this step is not that you are about to trick or fool a CEO into doing something that's not good for them. Your mindset is that you are about to convince a CEO to do something that *is* good for them. (And by the way, if what you are about to propose is not in the CEO's best interest, then don't propose it!) A simple way to propose your idea is to say, "Your goals are X. Your concerns are Y. So, I propose you do Z."

And, contrary to popular belief, great ideas don't sell themselves. It takes a skillful leader to successfully convince a CEO.



Top Business Apps To Get You Organized and Back On Track

If you're struggling to stay on top of your work tasks, there are some great apps available to help out.

- **Asana** helps your business improve communication and collaboration. You can view all tasks and projects and follow progress on a communal board so you can communicate without having to rely on e-mail.

- **Proven** helps organize your hiring process by posting listings to multiple job boards with one click. You can also review and sort applicants with ease.
- **Boxmeup** organizes and tracks your packages, containers and bulk storage items to make storing and shipping a breeze.
- **Evernote** keeps all your notes organized in one place and allows you to easily share notes and lists with co-workers.
- **Trello** tracks your team's workflow. Whenever you make a change to a project or task, the app notifies each team member involved so you don't have to.
- **KanbanFlow** helps managers visualize overall workflow. It gives overviews of work status, tracks progress and assigns tasks to team members.

Nerdwallet, 04.21.20

Top 5 Ways To Overcome Setbacks and Grow

After you encounter a setback, it can be hard to start again. But simply believing in yourself is the best way to get back on track.

1. **Recognize when failure is your fault and when it isn't.** Some setbacks are entirely out of your control. Learn to recognize the difference in your faults and what you can't control, then move forward.
2. **Learn from your mistakes and don't repeat them.** Immediately letting go of the regret of making a mistake can be hard, so instead, focus on what caused the mistake, then learn from it.
3. **Focus on your new goal.** Failure often comes from going after something we don't truly want. Discover what you really want so you understand what you need to work on.
4. **Celebrate small wins.** You don't have to wait to celebrate, even if you haven't reached your end goal. Validate yourself for completing smaller tasks, and you'll empower yourself to keep going.
5. **Find the right mentor.** This is someone who believes in you, even when you don't believe in yourself, and who can support you in reaching your goals. Find someone with the right knowledge and experience to learn from.

Business Insider, 09.16.20



Who Wants To Win A \$25 Amazon Gift Card?

Trivia Challenge Quiz

How many bits make a byte? ?

- A) 16 bits
- B) 8 bits
- C) 24 bits
- D) 12 bits

Call us right now with your answer! 201.775.9222 and be the first person to correctly answer our quiz question, and we will send you a \$25.00 Amazon Gift card.

